

CRAFTED CLARITY

Monthly Newsletter

A QUICK RECAP OF WHAT'S GOING ON AT



BOOST TO BOOSTED

IT'S LASER SEASON!

GIFT CERTIFICATES



Our Boosted program added two new injection blends and a new nasal spray version of our Lipo Shot

- Tri-Immunity Blend with Vitamin C and Zinc
- Amino Blend

The summer can be tough on skin. Now is the time for an IPL facial to remove any of this summer's sun spots.

The holidays are coming up soon, Consider a Crafted Gift Certificate.

THINGS WE SAID THIS MONTH

People's problems can be really similar. Here is something we seemed to talk about frequently with our patients this month.

Bring up that potassium! Help keep your muscles working!

Usually, our bodies are able to maintain a healthy potassium level, but when we throw up, have diarrhea or don't eat enough, our levels can drop too low. This can make you feel tired and sluggish.

If you are feeling slow, sluggish or tired, try increasing your potassium intake with high potassium foods. Here is a list!



**CALL OR TEXT:
830-465-3867**