

Piercing Aftercare Instructions



Aftercare is a vital step in having a problem-free piercing experience. Please follow the following aftercare instructions carefully for best results and to avoid problems such as infection.

DO NOT TOUCH YOUR PIERCING. The only time you will touch your piercing is when you clean it. Before you touch your piercing, make sure you thoroughly wash your hands first.

DO NOT REMOVE YOUR JEWELRY. New piercings can shrink and start to heal once the jewelry is removed. To maintain your piercing, do not remove it.

CLEANING DURING BATHING ROUTINE – NO MORE THAN ONCE DAILY

1. First, wash your hands thoroughly with the same mild soap you will use to clean your piercing.
2. Next, lather your hands with a mild, liquid soap, then lather the jewelry and the area around the piercing for 30-60 seconds.
3. You may need to use a q-tip or non-woven gauze to clean away any debris that may have collected on the jewelry around the piercing.
4. Rinse all soap and suds away under clean, running water. If the jewelry moves easily, you may rotate it, but don't force it if it does not move easily. After rinsing, pat the area dry with a clean paper towel.
5. If your jewelry is threaded (barbells, etc.), check it to ensure it's still tight!

DOs and DON'Ts

- Do NOT touch your piercing, except when you are cleaning it.
- Do NOT use any aftercare products or ointments that were not suggested by your piercer.
- Do NOT get lotions or makeup in or around your piercing.
- Do NOT use pools, hot tubs, lakes, rivers, etc., while your piercing is healing.
- Do NOT clean your piercing more often than is suggested, as over-cleaning can slow the healing process and cause more harm than good.
- DO take a multivitamin containing zinc and vitamin C to boost your body's healing abilities.
- DO keep in mind that stress, poor diet, drug abuse, or illness can cause extended healing times or other difficulties.
- DO make sure your bedding is clean. This is especially important if you have pets that sleep in your bed.
- DO contact a physician or us right away if you feel your piercing is infected. Although we are not doctors, we are happy to give suggestions based on our experience. Remember that some redness, tenderness, swelling, and discharge are normal. Still, we advise clients to consult a health care professional for unexpected redness, tenderness, or swelling at the site, any rash, unexpected drainage from the piercing, or fever within 24 hours of the piercing procedure.