

Robyn Cogburn, MSN, FNP-C

Family Nurse Practitioner | Founder, Crafted Sustainable Wellness

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Summary

Board-certified Family Nurse Practitioner with over 10 years of experience in family practice, chronic disease management, wound care, and geriatric health. Founder of Crafted Sustainable Wellness, providing primary care and weight management with GLP-1 therapies. Experienced in clinical care, administration, and patient education.

Licensure & Certification

- Family Nurse Practitioner — AANP Certified
- APRN, Texas — Active
- RN, Texas — Active
- DEA License — Active
- NPI: 1083954796

Education

West Texas A&M University — Canyon, TX

BSN/MSN, Master of Science in Nursing — Family Nurse Practitioner, 2012

Covenant School of Nursing — Lubbock, TX

Registered Nursing Diploma, 2008

Additional Education: West Texas A&M University — Canyon, TX 2017 — 1 year of MSFE coursework. South Plains College & Texas Tech University — 2003–2006, Pre-Nursing & Business coursework

Professional Experience

Founder & Nurse Practitioner — Crafted Sustainable Wellness, Boerne, TX | 2022–Present

Provide full-spectrum primary care, GLP-1 programs with The Keychain Diet, home-based care, and practice operations.

Administrator — Chronic Care Management, Lubbock Family Medicine, Lubbock, TX | 2020–2022

Directed CCM program for patients with multiple chronic conditions.

Family Nurse Practitioner — Wound Centrics, San Antonio, TX | 2019–2020

Managed acute and chronic wounds across inpatient and outpatient settings.

Family Nurse Practitioner — Lubbock Family Medicine, Lubbock, TX | 2013–2018

Provided primary care for 100–150 patients in clinic, nursing homes, assisted living, and home visits.

Community & Leadership

- Volunteer medical provider for Amtgard nonprofit
- Member, National Charity League

Clinical Interests

Family practice • Chronic disease management • Preventive health • Home-based care • Geriatric care • GLP-1 therapies